# inside TMI

#### Greetings from The Monroe Institute!

Each quarter of the year we like to share with you how your gift has helped TMI. The second quarter of 2019 has been very productive as you will see in this report. New programs, new website, and a big campus refresh is going on!

We are grateful for you and for your support every day. Thank You!

We hope to see you soon!



### Refreshing the Center

Built in the 1970s, the Nancy Penn Canter (NPC) has served as the main housing and retreat center for 40 years. The first Galeway Voyaga Program was held at NPC; in 1970 it is a place of comfort and retreat with breathteking views of the Blue Ridge Mountains footbills. It is where we gather in groups to dine, talk, read, and nap.

Like every well-used facility, the NPC has seen eignificant wear and lear over the years. This year, new Executive Director, South Taylor draw altertion to the need to invest in our facility staning with the steeping rooms and meeting space in NPC.

TMI expects the upgrades and remodeling to begin in January 2020 sausing the least disruption in programs.

The dining room has been refeted with more cabinets for storage and a new floor. A new water tank is on its way, new luminum, lighting, flooring, and sound systems — all part of the refresh.



### Four New Programs!

Our goal is to keep expending your troculedge and skills for conscious exploration. In 2610, we have four now expling recidential programs that we hape will interest you?

The Konuni Technique is a waskend program Wilry
TMI's own longitine residential framer John Konuni
The first offering in July sold out so we've added a
second program offering in October

Serving Spirit I and Serving Spirit II are weekend programs with Susanne Glesemann. Because the two Serving Spirit I programs offerings filled quickly, we and oppose similar enthusias to registrations for the Serving Spirit II program in November!

Animal & Interspeciae Communication, a new week long program, is being offered twice this year. The first time program, hald in June, went exceedingly well. We enticipate our collaboration with Nancy Wendheart, guest trainer, will continue as we plon to offer the program again in 2020.

"Theto by Watera Jitterlouse"



### Read About 2018 Accomplishments

Take a moment and read through our 2018 Annual Report, We are excited about the progress we have made with your help!

#### Annual Report



### **New and Improved Website Coming Soon!**

You asked and we listened! The new website is being designed to vastly improve the your experience. Content will be easy to nevigete for both mobile and desktop devices. We've also improved the structure of our content, so you'll get more from a quick read and less clicking!



## Research at TMI - The Copper Wall Room

Copper Walt? What is that? In brief, it's a booth that has shiny copper panels on four sides (front, back, ceiling, and floor) and an electrically insulated glass floor, it was a design originally used by Tibstan monks as an aid in developing what they called "lucidity." Electric field measurements are sensitive to movement artifact, so we are video recording the participants and synchronizing the video and Instrumentation measurements. This research provides an opportunity for additional validation of a body field effect by using **Biofield Imaging** to see if anomalous body voltage events synchronize with changes in biofield images.

#### Read More

See what's happening on our social sites.

